



## Helping you understand and respond to your child's needs and grow your relationship with your child.

## What is the Circle of Security parenting program?

A free, eight-week program (online during the COVID-19 emergency) that will help you:

- Learn how to recognize your child's needs and better understand their behavior
- Be supported as a parent and gain ideas on how to make parenting easier
- Begin to understand your own reactions to your child's behavior

## Who is this program for?

Circle of Security is open to patients of Pioneer Valley Pediatrics that are...

- first-time parents
- parents/grandparents/caregivers with children 4 months -6 years old

## How do I sign up?

Sessions are forming now for 2021 and will be weekly for about 40-60 minutes via ZOOM.



To sign up, please call Erin Grimes at 860-253-6580 or email egrimes@enfield.org.

Every participant will get a gift card and some books!

IN PARTNERSHIP:

Funded by Prevent Child Abuse CT, made possible through the Office of Early Childhood and the Community-Based Child Abuse Prevention Funding





